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## Remote Monitoring LCD Likely Covers CV, Diabetes, Respiratory, Pain

### Artificial Intelligence Coverage Meeting Coming This Summer

Relevant Industries



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On Tuesday February 28, Medicare Administrative Contractor (MAC) Novitas Solutions held a multi-jurisdictional Contract Advisory Committee (CAC) meeting on remote monitoring. Six out of seven Medicare Administrative Contractors were present, reflecting the widespread interest in remote monitoring. CAC panels do not make coverage determinations, but MACs often use their findings [Here](#).

- CAC meeting inform MACs if the current evidence validates a local coverage determination (LCD) for remote physiologic monitoring (RPM) and remote therapeutic monitoring (RTM). Members focused on strength of published evidence on RPM and RTM and clinician experience to describe current usage and what is used to measure meaningful outcomes (e.g., decreases in emergency room visits and hospitalizations).

### »» Our Take & Next Up

**Any LCD that results likely won't be seen until Fall 2023.**

It's also possible that some MACs may delay coverage determination to allow for more data collection as some experts noted that remote patient monitoring data is relatively immature. MACs are likely to include commonly used diagnoses in an LCD. Extremely restrictive coverage may draw opposition from provider groups (American Medical Association, American College of Cardiology) and patients who were accustomed to access.

The next Medicare administrative contractors' CAC meeting will be on AI technologies in the Summer (2023), likely June. Addressing digital health seems to be a key payer priority as digital tech advances and adoption increases.

### »» Key Points

**Medicare contractors may limit LCDs to chronic conditions where the data are robust (as a way to control costs).** CACs are unlikely to restrict coverage for the indications discussed (cardiac, diabetes, ulcer management, musculo-skeletal, respiratory conditions, pain management). Clinician support and the active use of RPM/RTM in these indications is likely to maintain access. However, creating LCDs for the discussed indications could create barriers for other diagnoses that currently use remote monitoring. Other diagnoses not discussed include weight management, and psychiatric conditions including anxiety and depression ...

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